



**HRT HAS  
GONE BIO**




**SAINT JAMES  
HOSPITAL**

# MENOPAUSE ISN'T SOMETHING WE TALK ABOUT ENOUGH!

**Bioidentical Hormone Replacement Therapy** (BHRT) is used to treat symptoms of menopause such as:

- ☰ Fatigue
- ☰ Mood swings and depression
- ☰ Hot flushes and night sweats
- ☰ Weight gain
- ☰ Insomnia

Book your appointment:

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#MenopauseAwareness

